## Assertive Communication Workshop

**Join us** for a two-day workshop Wednesday

January 10, 2018 9:00 a.m. – 1:00 p.m.

Thursday

January 11, 2018 9:00 a.m. – 1:00 p.m.

Brigham City Employment Center 138 W. 990 S. • Brigham City, UT

Attendees must come on time and attend both days.



Learn communication styles, how to be direct, listening skills, how to express thoughts and feelings, personal rights, how to power up your language in interviews, conflict management and positive and negative feedback strategies.

Please pre-register through your employment counselor or by contacting **Sandra Davis at 435-695-2642** or **Judy Kearns at 435-695-2629**.



## Equal Opportunity Employer/Program

Auxiliary aids and services are available upon request to individuals with disabilities by calling 801-526-9240. Individuals with speech or hearing impairments may call the Relay Utah by dialing 711. Spanish Relay Utah: 1-888-346-3162.

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